WOMEN WHO CHARM

HEALTH IS THE FIRST ESSENTIAL

It Helps Women to Win and Hold Men's Admiration, Respect and Love

Woman's greatest gift s the power to inspire admiration, respect, and love. There is a beauty in health which is more attractive to men than mere regularity of feature.



To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of ill-health, painful or irregular menstruction, headache on her works. painful or irregular menstruation, headache or backache, secure Lydia E. Pinkham's Vegetable Compound and begin its use. Mrs. Chas. F. Brown, Vice-President Mothers' Club, 21 Cedar Terrace, Hot

Mrs. Chas. F. Brown, Vice-President Mothers' Club, 21 Cedar Terrace, Hot Springs, Ark., writes;
Dear Mrs. Pinkham:—
"For nine years I dregged through a miserable existence, suffering with inflammation and falling of the womb, and worn out with pain and weariness. I one day noticed a statement by a woman suffering as I was, but who had been cured by Lydia E. Pinkham's Vegetable Compound, and I determined to try it, At the end of three months I was a different woman. Every one remarked about it, and my husband fell in love with me all over again. Lydia E. Pinkham's Vegetable Compound built up my entire system, cured the womb trouble, and I felt like a new woman. I am sure it will make every suffering woman strong, well and happy, as it has me."
Women who are troubled with painful or irregular menstruation, backache, bloating (or flatulence), leucerhæa, falling, inflammation or ulceration of the uterus, ovarian troubles, that "bearing-down" feeling, dizziness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound,



To better advertise the South's Leading Business College, four scholarships are of-dered young persons of this county at less than dered young persons of

GA-ALA, BUSINESS COLLEGE, Macon, Ga.



Dyspepsia Sick Headache 3 Constipation...

Stimulates the Liver, cures Biliousness, Sour Stomach, Irregularities of the Bowels, A NATURAL product, prepared by concentration; a genuine natural water.

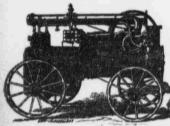
Crab Orchard Water Co., Louisville, Ky.

Avery & Company

SUCCESSORS TO AVERY & McMILLAN,

51-58 South Forsyth St., Atlanta, Ga.
—ALL KINDS OF—





Reliable Frick Engines, Boilers, all



BEST IMPROVED SAW MILL ON EARTH. Large Engines and Boilers supplied promptly. Shingle Mills, Corn Mills, Circular Saws, Saw Teeth, Patent Dogs, Steam Governors, Full line Engines & Mill Supplies. Send for free Catalogue.

Runaway horses are unknown in Russia. False teeth have been used by the peo-le who lived in 1000 B. C.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great. NerveRestorer, \$\$\forall tottleand treatise free Dr. R. H. Kline, Ltd., \$\$1 Arch St., Phila. Pa

According to the census of 1900, the opulation of Spain was 18,891,574.

Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic, 36c. a bottle

Porto Rico is the most lightly taxed country on earth.

Piso's Cure is the best medicine we over used for all affections of throat and lungs.—Wm. O. Endsley, Vanburen, Ind., Feb. 10, 1906.

The man who takes life as a dose, always finds it a bitter one.

A Guaranteed Cure For Piles.

Itching, Blind, Bleeding or Protruding
Piles. Druggists will refund money if Page
Ointment fails to cure in 6 to 14 days. 50c.

You could never make a woman believe all angels don't have nico, crinkly hair.

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 25c., 50c. and \$1.00 per bottle.

The United States is the largest con sumer of tin in the world, but derives its supplies from the Straits Settlements, from Banka, and other European sources. Only a few hundred pounds of tin are mined in this coun-

Sioc Reward. Sico.

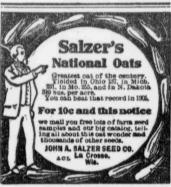
The readers of this paper will be pleased to learn that there is at least one dreaded disease that selence has been able to cure in all its stages, and that is Catarra. Hall's Catarrh Cure is the only positive ours now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional itreatment. Hall's Catarrh Cure is taken internally, asting directly upon the blood and mucoussurfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the centitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for its of testimonials. Address F. J. Chennex & Co., Toledo, O. Sold by Druggists, 75c.
Take Hall's Family Pills for constipation

Just before he left the Pension Office, Commissioner Ware was asked for a recommendation by a watchman. This is what Ware wrote: "Dear Jackson-If you are not in Heaven when I get there, I'll fix it to have you trans-

To Cure a Cold in One Day
Take Laxative Bromo Quinine Tablets, All
druggists relund money if it fails to cure
E. W. Grove's signature is on box. 25c.

Great souls can neither be starved by poverty nor choked by riches.

(At7-'05)



You Want the Best

COTTON GIN MACHINERY

Ask Any Experienced Ginner About

MUNGER EAGLE SMITH WINSHIP

We would like to show you

What Thousands of Life Long Customers Say.

Write for catalogue and testi-

Continental Gin Co.

Charlotte, N. C., Atlanta, Ga., Birmingham, Ala., Mem-phis, Tenn., Dallas, Texas.



Fugitive Figures.

Barrie, at last accounts, had received more than \$250,000,000 from his plays.

There are sixty-four shops in Berlin which nothing but horseflesh is

The prize duellist of Paris, M. Rouzier-Dorcieres, has fought in seventeen combats and arranged 118 for others. Nearly 1,300,000 new cases were

brought before the county courts of England, the so-called "poor man's court," last year.

It is predicted that by the year 2000 from 200 to 300 new foods will be at man's service.
A total of \$62,000,000,000 passed

through the London Clearing-House last year.

An average of thirty-five prisoners annually are lashed at the whipping-post in Delaware. In England last year out of some 11,000 criminals who felt the law's severity only nine were sentenced to be whipped.

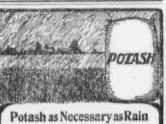
"Pedigree" of "Fog."

If any Lendoner crawling up to business by train or tram through the fog turned his idle mind to wonder-ing why it was called "fog," he would ing why it was called "rog," he would probably decide that it could not have been called anything else. "Fog" is its obvious name. Yet there is much speculation among philologists on this point. Dr. Murray's Dictionary suggests an interesting pedigree. As far back as the fourteenth century "fog" meant aftergrass, the rank grass that sprang up after hay harvest or grew in the winter, while in the north it meant moss. Then "foggy' came to it meant mose. Then "roggy came to mean boggy; next it was used to mean bloated or puffy, of the flesh of men or animals, and, finally, as applied to ale or air, it meant thick, and our modern fog was derived back from this "foggy." Skeat, however, goes straight to the Danish "fog," as "" a snowstorm, from in "snee fog," a snowstorm, from "fyge," to drift. The worst of Lon from don fogs is that they do not drift fast enough.—London Chronicle.

THE EXCEPTIONS.

"I know of only one young married couple that have managed to live on 'ove."
"How did they do it?"

"That was the name of her father-Robert J. Love, 84 Sandringham place."—New Orleans Times-Demo-



The quality and quantity of the crops depend on a sufficiency of

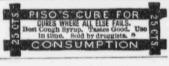
Potash

in the soil. Fertilizers which are low in Potash will never produce satisfactory results.

Every farmer should be familiar with the proper proportions of ingredients that go to make the best sublished a series of books, containing the latest researches on this all-important subject, which we will send free it you ask. Write now while you think of it to the

GERMAN KALI WORKS

New York:—95 Nassau Street, or
Atlanta, Ga.—22½ South Broad Street.



Dogs are slaughtered for culinary purposes in Munich.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. Sold by all druggists, \$1. Mail orders promptly filled by Dr. E. Detchon, Crawfordsville, Ind.

The rice paper tree is one of the most interesting of the flora of China.

Enricest Green Onlons.
The John A. Salzer Seed Co., La Crosse,
Vis., always have something new, some-Wis., always have something new, some thing valuable. This year they offer among their new money making vege tables, an Earliest Green Eating Onion It is a winner, Mr. Farmer and Gardener



JUST SEND THIS NOTICE AND 160. and they will send you their big plant and seed catalog, together with enough seed

and they will send you their big plant and seed catalog, together with enough seed to grow 1,000 fine, solid Cabbages,
2,000 rich, juicy Turnips,
2,000 blanching, nutty Celery,
2,000 orich, buttery Lettuce,
1,000 splendid Onions,
1,000 rare, 'usecious Radishes,
1,000 gloriously brilliant Flowers.
In all over 10,000 plants—this great offer is made to get you to test their warranted vegetable seeds and

ALL FOR BUT 160 POSTAGE.

providing you will return this notice, and if you will send them 20c in postage, they will add to the above a big package of Salzer's Fourth of July Sweet Corn—the enricest on earth—10 days earlier than Cory, Peep o'Day, First of All, etc. [A.C.L.]

The average age at which civilized comen marry is twenty-three and one-ha



CHEESE BISCUIT.

Make any tea biscuit batter and roll out till about a half inch thick; spread thickly with grated cheese, sprinkle with cayenne pepper, a little salt and some bits of butter. Roll tightly, cut from the end, jelly-cake fashion, and bake. Serve hot or cold.

SWEET POTATO SOUFFLE.

Peel six medium-sized sweet pota-toes, cut into dice and line the bottom of a buttered dish; sprinkle with brown sugar and drop over it bits of butter, next a layer of potatoes, then sugar and butter, and so on till the dish is full and the sugar layer is on top. Bake and serve hot.

SQUASH FRITTERS.

Add a cupful of milk to two of canned or freshly boiled winter squash; with this mix two beaten eggs, a teaspoonful of salt, a little pepper and a heaping teaspoonful of baking powder. Drop by tablespoonfuls into hot lard and fry. Serve with sweet or sour sauce as preferred.

SPICE PUDDING.

One-half cupful of granulated sugar, half a cup of butter, one cupful of mo-lasses, two teaspoonfuls of cinnamon and one of cloves, one cup of boiling water, in which has been dissolved a teaspoonful of baking powder. Beat well together, then add two cupfuls of flour, and, lastly, four well-beaten eggs. Steam, and when done serve with an

MAPLE CUSTARDS.

Beat five eggs until a spoonful calbe lifted without stringing. Add one-half cup of maple syrup, a saltspoonful of salt, stir well, then add three cups of milk and strain into a mould or individual cups. Wet the inside of the Pan. cups with cold water. The hot water in the pan in which the custards are set to bake should not boil after baking

APPLE SHORTCAKES.

Make a paste as follows: Sift four cupfuls of pastry flour and four tea-spoonfuls of baking powder together spoonfuls of baking powder together very thoroughly with two tablespoonfuls of powdered sugar and a half tenspoonful of salt. With the finger tips work in a cup of butter and two cups of milk. Roll out lightly without touching it more than is necessary. Bake fifteen minutes in a moderately hot oven. When done, cut into indinot oven. When done, cut into indi-vidual sizes with a biscuit cutter, split, butter and spread each piece with a strained apple sauce and serve with whipped cream. These are very delicious also when made with preserves or any fresh crushed fruit.



Clean your cooking utensils with a piece of soft red brick.

Wash your stove with vinegar before polishing, and mark the result.

Brown paper moistened in vinegar will polish your tins until they shine

like silver. Clean brass with powdered bathbrick and a damp flannel and after-ward polish with dry brick dust and a This is the cheapest brass pol-

ish and quite effectual. A jug mop made by nalling a dozen little bits of linen or cotton rag on the point of a stick, is a great help in washing jugs which are too small for

the hand to be inserted. To prevent wooden bowls from cracking, immerse them in cold water, then set over the fire, bring to the boiling point, and let boil for an hour, and flon't take them out until the water has

Paint spots on glass can be removed by moistening with a strong solution of soda—the common kitchen variety. This will soften them, when they can be rubbed off, and the glass should then be rubbed with alcohol.

gradually cooled.

A soothing drink for a sore throat that is recommended, is made of a pint of barley water brought to a boil over a hot fire, to which is added, while stirring until dissolved, one ounce of the best gum arabic. Sweeten to taste,

To clean the ivory handles of knives mix ammonia and olive oil in equal parts, and add enough prepared chalk to make a paste. Rub the ivory with this, and let dry before brushing off. Several applications may be necessary.

Stains made by dipping candle grease and such ugly things are the penalty one pays for these ornamental adjuncts to the dinner table) may be removed by placing a piece of blotting paper over the spots and pressing with a hot iron. This applies to stains in fabrics.



DISAPPOINTMENTS. If wishes were horses
Small good it would do.
You'd find they would mainly
Be "also rans," tob.

GOT THE START OF 'EM.

"Out in Arizona a county treasury was robbed recently by bandits." "Those Arizona politicians must be slow, lot."—Cleveland Plain Dealer,

NEW DIJEASU.

Runabout-"Cheekleigh has developed a bad case of automobile nerve,"

Walker-"Automobile nerve?" Runabout-"Yes; he has the nerve to borrow mine every other day,"Chicago News,

CAUSE AND EFFECT. Miss Knox-"I saw him flirting with

a girl once, and he's a married man."
Mr. Smart—"Yes, that's the way it
goes. If a fellow gives a girl the least
encouragement she'll marry him,"— Philadelphia Press.

EQUALLY GOOD.

Butts-"I hear Bilkins is married .~ Nordy-"Yes; and he need never work again."

Butts-"Married an heiress, did he?" Nordy-"No; he married a dress-maker."-Houston Chronicle. EXTRAVAGANT WOMAN.

"Really, dear," said the beautiful dryad who was Pan's favorite wife, "I must have a new bonnet." "What? More expense!" exclaimed an. "You must think I'm a regular

dust-Pan.-Philadelphia Public Ledger. SHF COULD.



Mimoza-"Could you be happy withmoney?"

Miss Gotrox-"Yes; if nobody else had any."-Comic Cuts.

CAREFUL OF HER MANNERS. Sunday School Teacher-"What! Is t possible that you have never heard the story of Cain and Abel yet?"

Little Elsie-"Of course, I haven't. My mamma says it is bad manners to ory into other people's family affairs."

SOMETHING STILL LACKING.

Nordy—"We've got our church choir screened off so as not to be seen from the auditorium at all."

Butts-"Ah, a choir invisible, eh?" Nordy-"Yes; but not inaudible. Y can still hear 'em quarreling."-Houson Chronicle.

TERMS.

"Now, me good man," said the pompous stranger, who had signed "Viscount Hardcastle, London," on the reg-

ister, "what are your terms here?"
"Cash in advance," replied the
shrayd hotel clerk, promptly.—Des Moines News.

ACKNOWLEDGED IT PROMPTLY. Bilkins-"I never knew Cockshure to acknowledge that he had made a mistake."

"Pilkins-"I did once."

Bilkins—"How did it h.ppen?" Pilkins—"He put the lighted end of is clgar in his mouth."—Housion Chronicle.

PULLING THE STRINGS ON HIM. "Throggins, isn't that little flirtation between you and Miss Pompeydure be-

ginning to look serious?"
"It is, Ruggles; more serious than I thought. She told me last night I mustn't take her out to the theatrs or bring her costly bouquets any morethat it was time for me to begin to ave money,"-Chicago Tribune.

PRACTICAL PHILANTHROPY.

"I suppose," said the plain person.
"you are often deceived by apparently
deserving objects of charity whom you quietly help.'

indeed," replied the great philanthropist, "it's just like throwing money away. The very people you hink will advertise you most never ay a word about it."—Catholic Standtrd and Times.